

# Curriculum Connections

## Grade 6 Health

**USC 6.6** | Establishing and supporting safe practices related to gambling, gaming, social media, and mental health

**USC 6.7** | Assess how gambling advertising influences personal standards and behaviours

**DM 6.8** | Assess the role of personal standards in decision making related to stress management and safety and its connection to mental health

## Grade 7 Health

**USC 7.1** | Establish and use strategies for various aspects of daily living over which an individual has control such as screen time use (gaming, social media)

**DM 7.8 / 7.9** | Examine health opportunities and challenges when making decisions related to safety practices in regards to gambling, gaming, social media and mental health

## Grade 8 Health

**USC 8.2** | Analyze how personal prejudices/biases, and habits of mind shape assumptions about addictions and mental health

**USC 8.4** | Demonstrate an understanding of the impact of violence on well-being and its relationship to mental health and addictions

**USC 8.5** | Assess how social media can affect body image satisfaction/ dissatisfaction, and self-esteem

## Grade 9 Health

**USC 9.6** | Analyze the health, economic, and social supports and challenges of gambling, gaming and internet addictions on self, family, and community

**DM 9.10 / 9.11** | Analyze the health opportunities, challenges and the role of health promotion in making healthy decisions related to tech safety and behavioural addictions

## Wellness 10

**W4** | Assess the impact of mental health on overall well-being of self, family, and community

**W5** | Assess one's self-awareness and self-management for the purpose of enhancing wellbeing of self and others

**W9** | Assess challenges related to addictions services and community views on addictions and mental health

## Psychology 20

**P20.6** | Assess impacts of individual behaviour on relationships and society when an individual struggles with an addiction

**P20.7** | Investigate connections between mental health and addictions and the influence of one's personal environment

**P20.9** | Investigate addictions and their impacts on behaviour and social development

## Financial Literacy

**FL10.2: Examine the Influence Finances have on Well-being** | Investigate the impact finances have on the mind and overall well-being

**FL10.5: Examine the Role of Personal Budgets and Financial Planning** | Investigate how personal budgets have on financial planning

**FL10.8: Analyze Credit Options and the Importance of Responsible Borrowing** | Examine how credit options behave and how to approach debt responsibly



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